Get to know the Canvas Menu!

**Customize Your Notifications**
Canvas supports notifications through email, SMS text message, and other external services. You can customize “Ways to Contact” to receive notifications from your instructors to your preferred medium.

1. Select the Account icon and go to the Settings link.
2. Scroll down and navigate to “Ways to Contact.” Add any additional contact methods to receive messages from Canvas, such as a secondary email address or phone number.
3. Register each new contact method as directed.
4. Click the Notifications link, at the top left of the page. Review each item and select how and where you want to be notified.

**Use The Calendar**
The Calendar is a great way to view everything you have to do for all of your courses in one place. View the calendar for a month, week, or as an agenda.

**Manage your Canvas Inbox**
Manage messages from your instructors and classmates! Your Canvas Inbox integrates with your WFU Gmail account, so you can receive and reply to messages in both locations.

**Get Help Using Canvas**
There are multiple ways to get help and provide feedback within Help in the Canvas Menu.

1. Get help 24/7 through a dedicated Wake Forest Support Line
2. Chat live with Canvas support
3. Ask Your Instructor a Question
4. Search the Canvas Guides
5. Report a problem

**Download the Mobile App for Students**
Access your Canvas courses while on the go! View grades and course content, submit assignments, keep track of course work with your to-do list and calendar, send and receive messages, post to discussions, and receive push notifications for new grades and course updates. Search for the Canvas Student app through the Apple App Store or Google Play and log in with your Wake Forest credentials once you download.

Visit canvas.wfu.edu for more information!